



Cortlandt Community Rowing Association

SWIMMING CERTIFICATE

Rowers Name _____

Rowers Date of Birth _____

Emergency Contact _____

Location Of Test _____

The above rower has demonstrated his/her ability to safely complete the following tasks:

- 1. Ability to swim 50 meters competently _____ initial
- 2. Ability to tread water for 10 minutes in deep water _____ initial
- 3. Ability to put on a personal flotation devise (PFD)
in deep water at the end of the 10 minutes _____ initial

Signed by Water Safety Instructor or CCRA representative

_____ Date _____

Print Name

If the above named rower is age 18 or over, he or she can self certify that they are competent to satisfactorily perform the above in-the-water tasks by initialing each task and by signing below

Signature _____ Date _____

If you are the parent/guardian of the above-named rower you can certify that he or she is competent to satisfactorily perform the above in-the-water tasks by initialing each task and signing below in the presence of a Cortlandt Community Rowing Association representative.

Signature _____ Date _____

CCRA Representative _____